



Miami-Dade County Public Schools  
**School Wellness/Healthy School Team Committee Action Plan**  
**2024-2025**

School Name & Location Number:	Robert Renick Educational Center/8151	
Principal:	Aisha V. Marrero	
Phone Number:	(305) 624-1171	
School Wellness/Healthy School Team Leader:	Natasha Hollerman	
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Maya Allen, Student Representative Nicole Somoza, Assistant Principal Felicia Lawrence, Food Service Manager Elizabeth Allen, Parent Representative	Redgina Cherestal, EDU healthcare School Nurse King Green, Physical Education Teacher Laura Berenguer, Food Forest Liaison Teacher
Committee Meeting Dates:	EESAC Meeting (9/17/24), EESAC Meeting (10/17/24)	
<b>ACTION PLAN</b>		
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare	
Steps to Achieve School Wellness/Healthy School Team Goal:	<p><b>Nutrition:</b></p> <ul style="list-style-type: none"> <li>Promote the free breakfast and good eating habits daily.</li> <li>Provide healthy meals and snacks to students, faculty and staff through the cafeteria daily.</li> </ul> <p><b>Physical Education:</b></p> <ul style="list-style-type: none"> <li>Fitnessgram Testing</li> </ul> <p><b>Physical Activity:</b></p> <ul style="list-style-type: none"> <li>Engage in physical activity twice a week for staff via Wellness Club.</li> <li>Engage in physical activity for students via Mindfulness Club.</li> </ul> <p><b>Health and Nutrition Literacy:</b></p> <ul style="list-style-type: none"> <li>Implementing Garden to table program through our Food Forest lessons.</li> </ul>	

	<ul style="list-style-type: none"> <li>• Bring awareness to the nutrition value of the school garden via social media postings.</li> </ul> <p><b>Preventive Healthcare:</b></p> <ul style="list-style-type: none"> <li>• Wellway Wellness Program</li> <li>• Provide free health screenings to students</li> </ul>
Sustainability Practices:	<ul style="list-style-type: none"> <li>• Using Share Tables to teach students to redistribute food rather than discard it</li> <li>• Incorporate lessons in the school gardens</li> </ul>
Community Engagement:	<ul style="list-style-type: none"> <li>• School health professionals to select fruit or vegetable to highlight during meetings</li> <li>• Send home harvested school garden produce</li> <li>• Increase business partnerships in the local area</li> </ul>
Monitoring and Evaluation:	<ul style="list-style-type: none"> <li>• Committee Meetings sign-in sheets</li> <li>• Meeting agendas</li> <li>• Designated teacher responsible for monitoring and distributing harvested school garden produce</li> </ul>
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	<ul style="list-style-type: none"> <li>• Special Olympics Sports: swimming</li> </ul>